

# Program MusicPhysio Congress - Osnabrück 2012

## **CONGRESS DAY**

# Friday, March 16, 2012

12:00	REGISTRATION
14:00	Welcome Address  Chairman: Christoff Zalpour
15:00	Opening Keynotes
	Physiotherapy assessment and management of musicians' injuries -PhD. PT Bronwen Ackermann
	Playing related musculoskeletal problems in musicians across the lifespan - prevalence and associated risk factors - a look at the evidenceMSc. PhD can. PT Sonia Ranelli
16:30	Coffee break
17:00	Chairman: Christine Guptill
	Balancing evidence-based practice and clinical experience when choosing physiotherapeutic interventions for musicians - Dipl-MusEd. MSc. can. PT Alexandra Türk-Espitalier
17:30	Postural stabilization and playing related-musculoskeletal disorders in musicians - Dr. med. Anke Steinmetz and Dr. med. Wolfram Seidel
17:45	Upper extremity and back pain and asymmetric work postures in music teachers.  - MSc. PT Cecilia Wahlström Edling and Ass. Prof. PT Anncristine Fjellman-Wiklund
18:00	The Flutist in the PT/OT Clinic - DMA. PT Susan Fain
18:15	How might one practice and perform without tension? Theses and experiments towards a new understanding of practicing. An attempt to come closer to a practical solution - Prof. Roland Pröll, (Piano) and Prof. Hauko Wessel (Violin).
19:00	Finger food
20:00	Jazz concert

# Saturday, March 17, 2012

8:30	REGISTRATION
9:00	WORKSHOPS
12:30	Lunch
13:30	Postersession
14:30	Keynote Chairman: Bronwen Ackermann
	Musicians' Health: A Developing Role for Therapists - PhD. OT Christine Guptill
15:15	The Janus Face of Music: Beneficial and Harmful Effects of Music on the Brain Organisation - Prof. Dr. Eckart Altenmüller
15:45	The Role of Physiotherapy in Music Medicine - PT Regina Campbell
16:15	Coffee break
16:45	Chairman: Sonia Ranelli
	INAP/O - A special physio outpatient clinic for musicians in Osnabrück - Prof. Dr. Christoff Zalpour
17:00	Musicians' Physiotherapy: When to start and where to stop? - Dipl-Mus, Dipl-MusEd. Dr. phil., PT Dagmar Wolff
17:30	The efficacy of exercise program on musculoskeletal problems in guitar players - Prof. PT Filiz Can
18:00	The Influence of Head posture on the "voice box" in singers. A recommendation for musculoskeletal assessment and intervention - Prof. Dr. Harry von Piekartz
18:15	Dinner
19:00	Classic concert

## **CONGRESS DAY 3**

# **Sunday, March 18, 2012**

8:30	REGISTRATION
9:30	WORKSHOPS
12:30	Coffee break
13:00	Chairman: Regina Campbell
	Health promotion in music schools – an international project cooperation - Ass. Prof. PT Anncristine Fjellman-Wiklund and PT Anabela Correira Martins
13:15	Using mixed method research to understand the multifactorial nature of playing-related injury: A case study of right shoulder injuries in cellists MU. PhD. can. Dale Rickert
13:30	Does mechanically operated traction on the wrist have an influence on CTS-Patients?. A multiple case study BSc. PT Eunike Rahn and BSc. PT Katja Grabow
13:45	The impact of hand size in the development of carpal tunnel and De Quervain syndromes in high-level pianists MSc. PT Sania Almousa
14:00	Poster awards
14:15	Closing Words