

Since July, I have been in Perth and successfully completed the first semester. It has been a rollercoaster, at times quite challenging, but I've learned a lot about the physiotherapy education system in Australia. Besides adapting to a new university system and language challenges, the nuances in neurological assessments, differing from our approach, stand out. Unlike the German system, the semester includes three examination/assignment periods, the first after 6 weeks, keeping students busy throughout. I appreciate the emphasis on self-reflection in many written assignments. Despite the increased workload compared to Germany, being a student at Curtin University is a valuable experience.

I delved into a whole module on pain, which enthused me and broadened my perspective. The communication skills of Australian Physiotherapists in patient interaction are impressive. The campus and landscapes here are equally awe-inspiring. Weekends or post-lecture moments, mostly practical, can be spent relaxing at the beach. I look forward to what the second semester holds. Fortunately, I had the chance to shadow Physiotherapists in a practice for two weeks, gaining insights before enjoying the summer here. The supportive faculty enables a lot, and witnessing how Physiotherapists here approach initial consultations, adapting treatments individually without strict guidelines, is fascinating. Evaluating imaging procedures and diagnostic processes collectively adds another layer of interest.

Exploring new cultures has been enjoyable, and I've had many interesting encounters. While adapting to new circumstances is challenging, the journey has already been rewarding, even before the halfway point. I believe this year in Australia will not only enhance me as a physiotherapist but also contribute to my personal growth.